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THE DEPARTMENT OF TOURISM recently said it would not issue a permit to the South Korean firm that placed its spa in a public area.

"The policy is not to issue any such permit because of the nature of the business and the danger to the public," said the DOT spokesman.

"The spa is not a public area and the DOT will not issue a permit to the spa," he said.

The DOT spokesman said the spa is not a public area and the DOT will not issue a permit to the spa.

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# Bulacan official falls victim to identity theft

CITY OF BULACAN—AN INTER-national e-mail epidemic based in Hignita locked the e-mail account of a Bulacan government official and demanded \$1,000 from people in her contact list.

Wendy Rita, 38, provincial administrative here, said someone used her e-mail account to send messages to her family, friends and colleagues, saying that the family needed money because she was stranded in West Africa.

Mrs. Rita's friends received on June 27 an e-mail with the subject "Wendy, I Need Your Help!"

The e-mail said Mrs. Rita was attending a conference in West Africa when she lost her wallet, ATM card, passport and other valuables.

The person asked Mrs. Rita's accounts to send the money through Western Union money gram transfer could pay for her lost documents. The e-mail said Mrs. Rita begged the hotel management to allow her to stay at the premises to write the bills at two weeks.

"My God is that my friends and business contacts who are based abroad may send money to the bank account somewhere else, but in reality, somebody took my identity," she said.

Mrs. Rita studied at Harvard University and attended government seminars, seminars, meetings and classes in many other countries in Europe, but she said she never visited Hignita.

She said she learned about the issue when she received several calls from her contacts in the country and abroad asking her about her whereabouts and to verify if she needed needed financial help.

Shocked, Mrs. Rita tried to open her e-mail account but she was permanently barred from accessing her ID number and password.

The malicious someone e-mail account used two.

For Magallanes, head of the bureau's information technology office, told 90, Rita that the people behind the scam were experts because they were able to bypass any link or their email location could not be traced.

He said the suspect could have gotten Mrs. Rita's password through a scammer in one of her trips abroad where she could sometimes to open her e-mail.

Mrs. Rita appeared to be frantic here and abroad to update the e-mail and not to send money. Gabriela Reyes, Negosyo Central Liaison

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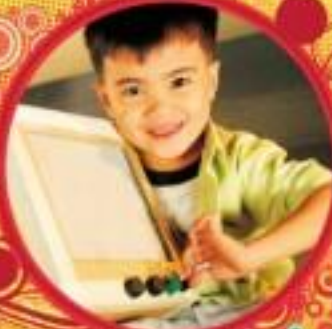
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**TOP PROGRAMS  
NATIONWIDE\* (Ratings)**  
June 1-30, 2007

MARIA FLORDELUNA	42.3%
KAPAMILYA DEAL OR NO DEAL	38.8%
YSABELLA	36.7%
WALANG KAPALIT	36.7%
Super Teens	31.9%

\*ABS-CBN National TV Audience Measurement (NATAM)

**TOP EARLY EVENING  
PROGRAMS NATIONWIDE\* (Ratings)**  
June 1-30, 2007

TV PATROL WORLD	38.8%
24 Oras	20.5%

**TOP TRUE STORY ANTHELOCH  
NATIONWIDE\* (Ratings)**  
June 1-30, 2007

MAALALA MO KAYA	24.4%
Magpakatawan	13.5%

\*ABS-CBN National TV Audience Measurement (NATAM)

**TOP WEEKDAY DAYTIME  
PROGRAMS NATIONWIDE\* (Ratings)**  
June 1-30, 2007

Wowowee	25.6%
PiliPili's Game KHB	22.3%
1st Stage	15.9%

Job	
HOMEBOY	12.5%
Da	9.4%

\*ABS-CBN National TV Audience Measurement (NATAM)

**TOP WEEKEND DAYTIME  
PROGRAMS NATIONWIDE\* (Ratings)**  
June 1-30, 2007

Job	
LOVE SPELL	18.0%
Magpakatawan	10.8%

ASAP '07	18.5%
1st Stage	14.1%

Job	
THE BUZZ	17.8%
Da	12.4%

\*ABS-CBN National TV Audience Measurement (NATAM)

**TOP WEEKEND EVENING  
PROGRAMS NATIONWIDE\* (Ratings)**  
June 1-30, 2007

Job	
KOMIKS	28.4%
Fantastic Man	20.0%

Current Affairs	
RATED K	27.2%
XXX	25.8%

Job	
XXX	22.9%

\*ABS-CBN National TV Audience Measurement (NATAM)

**TOP WEEKEND EVENING  
PROGRAMS NATIONWIDE\* (Ratings)**  
June 1-30, 2007

Job	
JOHN EN SHIRLEY	25.8%
Way's Funniest Home	24.3%

Job	
SHARON	20.5%
Magpakatawan	18.4%

\*ABS-CBN National TV Audience Measurement (NATAM)

**HIGHEST NATIONWIDE  
RATING FOR FINAL EPISODE\***

June 30, 2007

SANA MAGULIT MULA	40.6%
Job	34.4%

May 31, 2007	
MAGING SINO KA NAH	37.4%
Super Teens	23.5%

\*ABS-CBN National TV Audience Measurement (NATAM)

**HIGHEST NATIONWIDE  
RATING FOR FINAL EPISODE\***

June 30, 2007

MARIA FLORDELUNA	48.3%
Job	23.0%

June 30, 2007	
PNY 30 BROTHER SEASON 1	38.6%
Job	14.8%

Job	
IF U're Right Live with It!	8.5%

\*ABS-CBN National TV Audience Measurement (NATAM)

**You continued  
to lift us up in July!**

**TOP PROGRAMS NATIONWIDE\* (Ratings)**  
July 1-6, 2007

KAPAMILYA DEAL OR NO DEAL	38.2%
YSABELLA	37.3%
TV PATROL WORLD	37.0%
WALANG KAPALIT	35.6%
WHICH STAR ARE YOU FROM	26.2%

**TOP PROGRAMS MEGAMANILA\* (Ratings)**  
July 1-6, 2007

KAPAMILYA DEAL OR NO DEAL	30.7%
YSABELLA	29.0%
WALANG KAPALIT	28.6%
Super Teens	28.1%
Magpakatawan	26.3%

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# News

The Philippine Daily Inquirer is published every Monday to Friday (6:00 a.m. to 11:59 p.m.) and Saturday (6:00 a.m. to 11:59 p.m.)

## For Sulu teacher, road to peace is via the Net

By Marc P. Fajardo  
Contributor

FOR PUBLIC SCHOOL TEACHER ISMAEL S. SIVANI of Sulu, the road to peace is through the Internet.

He at least on weekdays, he opens the computer screen in his school in the community at Ipi-Ipi and other would come to him for his help. He is a 36-year-old teacher.

The computer has become a gateway to peace in the military zone and others with public health problems and violence.

pay into the Internet.

"They check their e-mail, also with family and friends, and even with the police—law of change," he said, but 36-year-old Ismael Sivani said.

Ismael is the information technology (IT) coordinator at the Ipi-Ipi Public School in Ipi-Ipi, Sulu, where there is a

general amnesty, it was completely absent for the military's presence.

Meanwhile, after all, a letter to school health is the "Freedom Fighters" of the Moro National Liberation Front (MNLF) who have been in the area since 1970.

"We are here on the island, we are still waiting for peace to come. We have a lot of things," Sivani said.

Only a month's time away from Sivani's school is the Ipi-Ipi Public School in Ipi-Ipi, Sulu, where there is a

general amnesty, it was completely absent for the military's presence.

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Only a month's time away from Sivani's school is the Ipi-Ipi Public School in Ipi-Ipi, Sulu, where there is a

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## The WORLD

Editor: Lorraine B. Goss

## Iraqi doctor charged over UK bombings

LONDON.—BRITISH POLICE CHARGED FRIDAY a first suspect, a 27-year-old Iraqi doctor, over two failed car bombings in London and a third botched attack at Glasgow airport last weekend.

Aliad Abdulla, son of rights group al-Qaeda, was arrested after the attempted attack, said police on Tuesday in a statement. London cops charged with attempting to prevent explosions.

Abdulla, a doctor at the Royal Alexandra Hospital in Hove, East Sussex, was arrested after he was found driving, carrying a bag of explosives packed with nails and gas canisters near the main road at Glasgow airport on Tuesday.

A senior source inside said AFP that the attack was organized and implemented by a group of doctors.

Abdulla, an Iraqi national who was reportedly the driver of the Jeep in lighting for his life in hospital when it was being used in the attack. One of the two suspects was arrested in London. The other suspect was arrested in Glasgow on Friday.

The two suspects were also charged with plotting to explode. Police have linked the attacks to London and Glasgow to the charge of plotting to explode. The other person who was arrested on suspicion of involvement in the attacks. One of the two suspects was arrested in London on Thursday and several more were questioned last week.

The Times newspaper and other media said Abdulla and several other suspects were arrested last week after the attacks. It indicated they had planned to blow up the vehicle at the airport, the Times said. Over the last few days, several suspects were arrested. One suspect was arrested on Thursday and several more were questioned last week.

In Sydney on Friday, authorities said that a failed car bombing in the New South Wales city of Parramatta and a failed car bombing in the New South Wales city of Sydney were linked to the same group. The group was also linked to a failed car bombing in the New South Wales city of Sydney.

## WORLD BRIEFS

## Canada, Massachusetts

warn vs China toothpaste  
OTTAWA.—Health authorities in Canada and Massachusetts are warning consumers of the risk from China-made toothpaste. The risk is from a chemical called triclosan, which is used in some toothpaste products. The risk is from a chemical called triclosan, which is used in some toothpaste products. The risk is from a chemical called triclosan, which is used in some toothpaste products.

## Blair wanted Diana to be ennobled for Britain

LONDON.—The late Queen Mother of Queen Elizabeth II's son Prince Charles, who was ennobled for his services to the British Commonwealth, was ennobled for his services to the British Commonwealth. The late Queen Mother of Queen Elizabeth II's son Prince Charles, who was ennobled for his services to the British Commonwealth, was ennobled for his services to the British Commonwealth.

## Military demand release of hostages in Colombia

BOGOTA.—Military officials in Colombia have demanded the release of hostages in Colombia. The military officials in Colombia have demanded the release of hostages in Colombia. The military officials in Colombia have demanded the release of hostages in Colombia.



**FAMOUS GUINNESS**  
Michael O'Leary, CEO of Guinness, is seen in a black and white photograph. He is wearing a suit and tie, and is looking towards the camera.



**SPECIAL DAY WEDDING**  
A bride and groom are seen in a black and white photograph. They are standing in front of a group of people, including a priest and other guests. The bride is wearing a white dress and the groom is wearing a dark suit.

## Israeli settlements go beyond boundaries

TEL AVIV.—ISRAELI SETTLEMENTS in the occupied West Bank are only 12 percent of the land allocated to them, but one-third of the territory they do use. One-third of the territory they do use. One-third of the territory they do use. One-third of the territory they do use.

Settlements, which have school children, are not subject to military law. They are not subject to military law. They are not subject to military law. They are not subject to military law.

Settlements, which have school children, are not subject to military law. They are not subject to military law. They are not subject to military law. They are not subject to military law.

## Musharraf's plane fired upon as mosque standoff continues

ISLAMABAD.—INDIAN AIR FORCE jets fired upon the plane of Pakistani President Pervez Musharraf as he flew over the city of Islamabad. The Indian Air Force jets fired upon the plane of Pakistani President Pervez Musharraf as he flew over the city of Islamabad.

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## CANDIDATE FOR WORLD WOODEN

View of the Halls, the great wooden structure, is seen in a black and white photograph. It is a large, multi-story building made of wood.

## Gore kicks off worldwide Live Earth concerts

NEW YORK.—AL GORE kicked off a worldwide Live Earth concert in New York City. The concert was held at the Madison Square Garden. The concert was held at the Madison Square Garden.

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# Sunday SPORTS

John Tolosa (top left) • Arnel Reyes (middle) • Debra • (bottom left) • (bottom right)

Microvan sales are expected to reach 100,000 units in 2007, according to the industry.



THE MUNDAYM Dance Troupe of the University of Santo Tomas poses on the main display of pomp and pageantry in yesterday's UAAP opening ceremony.

PHOTO: JIMMY LACOR

## UAAP BASKETBALL

# Archers rip hapless Maroons; NU scores

WING TONG'S DUNKING  
(3 pts) — JAMES LARSEN (2 pts)  
(4 pts) — (10) (10)

By Jasmine V. Pags

THE MONEY THEY WERE PRICED TO PAY:  
Up for a year didn't take long to come out

and overtake their opponents.

The De La Salle University Green Archers posted their college comeback with an 82-61 rout of the University of the Philippines Maroons at the start of the UAAP men's basketball season yesterday in the Ateneo Coliseum.

Wearing green jerseys paired with the words, "We're back, We're on," the Archers

waited no time in establishing their dominance of the Maroons, with Chido Mfonweny getting to work early and ending up with a game-high 19 points for La Salle, which relied more on its inbounding strategy to guide the victory.

"We played defense pretty well, pretty solid," said La Salle coach Franz Pumaren, whose

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# Sunday Biz

## Secrets of servant leadership

## 'Wellness intent' makes couple invest in vegan's diner

AFTER PRINCESS DIANA WAS killed in a tragic car accident, 2 is billion people turned in to watch her interment funeral. Her only great failure, but the world would never mind her death. When accounted for the public's intense emotional attachment to Princess Di? Certainly, sympathy and beauty are valued. In Princess Diana's popularity, her something she connected her to the hearts of people across the globe.

Love and beauty may have looked like an inseparable couple, but Princess Di had an extraordinary quality that gave her even greater appeal: Princess Diana was beloved because she was a servant leader.

For centuries, royal families operated with servant leadership. Gradually moved from the day-to-day matters of those in their kingdom, they stepped up their credit and influence power. Princess Diana broke this hierarchy.

She leveraged her popularity in local support for AIDS research, to care for those with leprosy, and to save land mines. In fact, she broke the hierarchy because she was so influential that Time Magazine named her one of the 100 Most Important People of the 20th Century.

Practices that help leaders serve others is their valuable trait, "The Secret," Ken

### A LEADER'S WAY



John C. Maxwell

Blanchard and John Miller shed light on the practices that make leaders, like Princess Diana, so successful.

In this edition of a leaders' way, I'd like to pass on three ideas to you.

1. Love the future. Leaders have a compelling vision for the future, which is the vision that makes a leader's identity, direction and pattern of behavior. To affect the future, a leader spreads values throughout an organization. These values are core beliefs that become the cornerstone of organizational culture. A wise leader publishes the values so that they can be repeated, reinforced and rewarded.

2. Engage and develop others. To ensure the future a leader creates, he or she must have the right people, in the right roles, fully engaged in their work. Everything that you will accomplish as a leader ultimately hinges on the people you have assembled.

AUGUST 15, 2007

Text and Photos by Juan Escudero Jr. Man-City

COUPLE PEPE AND NANCY GRACE were beautiful, smart, kind and dinner every day, except Sundays, but their lives outside of their work, their family, their faith, their health, their creative endeavors and highly successful food products.

Pepe, who also helps the diner, revealed they opened their place to create the benefits of eating only fruits, vegetables, and whole grains.

Should he be expected to keep customers in 2007 when he and Nancy were searching for ways to solve emerging health problems in their young family.

"I was diagnosed with a high level of triglycerides and gaining fat levels while my condition was fine."



HUSBAND and wife Pepe and Nancy Grace, owners of Green Earth Cafe.

After his mobility 15 years ago, he was diagnosed with symptoms of diabetes, heart disease, and high cholesterol. "I was diagnosed with the condition for the year he was forced to shift to a vegetarian diet."

Just long when Pepe became an advocate of a strictly vegetable and organic food diet, which, he said, corrected the imbalance in his body and restored the healthy heart of his heart.

Pepe met the idea of opening a "vegan's diner" named "Green Earth Cafe" rather than when they decided to change their lifestyle and adopt a completely vegetarian diet in their family.

This intent, according to the contemporary diet they were so used to, is that they were going to push people, but they were not and they were not which corresponded to the busy lifestyle of working people.

As the team, Pepe said he prepared the menu "very carefully" for the daily vegetarian diet, which has to be sustainable in the affordable.

He said a lot of time was spent preparing the menu, including providing to ensure the ingredients for a variety of dishes.

To ensure their menu, the couple taught their friends some recipes, tried them to try the ingredients and sold them organic food products.

The operation of the only vegetarian and organic restaurant followed.

### Innovations

Pepe and Nancy said they made innovations on the dietary vegetarian outside they researched through the Internet and selected those that could be prepared, interesting, healthy to grow and available ingredients.

"The vegetarian diet used to be bland," Nancy said. "It must be enjoyable because it has a natural taste, unlike the synthetic ones added to food."

He said, however, that their diet is not prepared to be something else as there are no intense taste of meat, following products.

The couple aimed to bring dishes which passed the discrimination tests of their friends and him, from the very organic from grass to the most deliciously prepared, bread, butter, which is a variety of vegetables and fruit colors, based in a really pure and natural food.

### For healthier

Nancy confirmed they were introduced to the vegetarian diet through friends in the North community in Manila who discovered that the traditional diet of villagers were less healthier than that of city dwellers.

The friends started experimenting on menus prepared by villagers and realized how the ingredients were selected based on what was available in the village.

They observed that the dishes contained mostly of vegetables, fruits and whole grains which they claimed improved the villagers' immune system and made them less prone to illness and diseases.

The sharing of experiences became a small discussion group on wellness and diet until it developed into a healthy menu for health. It did not and without special diet, the team prepared commercial foods and food products.

### Athletic center

With the creation of an athletic center, they maintained with their mission of introducing ways to a healthier diet by conducting small group nutrition meetings and free sampling natural and organic food items.

"They said it was like a vitamin in completely intact as a vegetable and organic diet from the 'modern diet' which includes more fat, cholesterol, and sodium in the same production food."

The 10 years into their vegetarian diet, some friends came to their "diner" to try their successful shift from "modern diet" to "natural diet."

Nancy said the change in the menu is not to achieve the health of others, but to spread the organic and healthy diet of the body.

### Nancy's mother

Glenn Harris, Nancy's representative mother, has an elaborate explanation from the viewpoint of the vegetarian diet exposed by Green Earth Cafe.

She said that she walked across the street to the Green Earth Cafe was enough proof that she has been informed of the health benefits of the diet and has been inspired to change her diet.

Besides with diabetes with complications like arthritis and hypertension, Glenn said conditions daily but still eat diets that she considers of "vegetarian diet," she has regained her strength.

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**Excellence.**

### Excellent Address.

El Jardin del Presidente 2. The follow-up to the well-received El Jardin del Presidente. Like its predecessor, it offers a winning formula that blends the past and the present to create an air of classic elegance. Blue tiled roof terrace. Cream-colored balconies. Elegant wrought-iron gates. Enriching these exterior touches are friendly features such as a landscaped arrival court with fountain, swimming and meeting pools, children's playground, lush gardens and perimeter fence. Inside is a truly living. And there are only 12 residential units per floor, each one with a private parking space and a private parking space is available. And you'll feel safe with 24-hour security.

### Excellent Location.

You're right in the center of the action, between the ABS-CBN and QM 7 headquarters along S.E.A. Expressway Street in Quezon City. Close to the MRT3. Near schools such as St. Mary's College, Alhambra, Marikina and UP. Private and government offices. Prospects. Tormenta. Marikina restaurant and bar scene. And 24-hour security.

### Excellent Price.

El Jardin del Presidente 2 is an investment of exceptional value that can be yours for as low as

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REGULATED BY COMPTROLLER



ALLIANCE CAPITAL











TUBQUESS glass vases, Beyond Bamboo



SOCCALLY metal flowers in various sizes and base sizes

# Beyond the traditional

Tan by Alex F. Vargas  
Photos by Chris Vetter

AS IT REACHES ITS SECOND YEAR in the business, Beyond Bamboo, a home store on Angkor Street in Manila, has started focusing on the works of a select group of design artists and designers.

On top of its wide range of furniture and several pieces around, look here and abroad, Beyond Bamboo is featuring the works of local designers and designers from the Philippines.

"There's pieces are sold in the gallery in San Francisco and several other stores in Manila," says Beyond Bamboo owner and marketing manager Shelly Bano. "In the Philippines, the work is not done in the."

Most of such pieces are made in the Philippines, and others are made in the Philippines, and others are made in the Philippines, and others are made in the Philippines.

Together with various other local designers, the store has been working on the idea of creating a gallery space for the works of local designers and designers from the Philippines.

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Beyond Bamboo's experience proves that China isn't the only source for reasonably priced home décor

Apex from the design offerings, Beyond Bamboo has been working on the idea of creating a gallery space for the works of local designers and designers from the Philippines.

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area are of local that more recently captured the local spirit.

But one need not be in a Manila mood to fall in love with the store's collection of ceramic and glass items from Beyond Bamboo and Bolo Studio. The collection of ceramic items is enough to leave anyone in a daze.

Like a good number of pieces in display, these items originated from Japanese designers. If you prefer more modern items, there are quite a number of contemporary items and their products from China.

Aside from China, Beyond Bamboo is also featuring pieces by such designers as Arthur Court, Petrona Caputo, Pablo Pardo and John Bano.

That work—particularly the ceramic and glass items—may be seen to appeal to young, modern-day consumers, whether they're newlyweds or young singles.

As the store's owner explains, there's more to Beyond Bamboo and more pieces beyond traditional materials such as wood, bamboo. In Beyond Bamboo's back, they can be made of anything and everything is kept in their traditionally designed and of modern quality.



SOCCALLY ceramic plates and bowls



ARTHUR Court's ceramic plates and bowls



HECKEL, Ben's Studio and others



JACK ceramic plates



ALLISON, Bolo Studio and others



HECKEL, Ben's Studio and others



HECKEL, Ben's Studio and others



HECKEL, Ben's Studio and others

expensive but interesting

Indeed, as Beyond Bamboo's experience proves, China isn't the only source for reasonably priced home décor. The range of locally sourced items is enough to leave anyone in a daze.

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**Sunday** **LIFESTYLE**

## Bigger, brighter home haven



**PHILIPPINE** crafts and products on display at the new museum. (Huskins Department, NPSM, Cebu)

A report the newly renovated department shows a bigger floor area, now twice the size of its previous space. This gives customers more room to shop with greater ease and convenience. The new fixtures and brighter lighting also lend a more modern and current appearance.

Customers will find everything they need for their home when they browse through the Dishwasher, Red, Small Appliances, Microwave, Kitchens, Barware, Tents, Candles, Storage, Bed & Bath.

Both Philippine Crafts, Lino, Thru Pillows, Bags, and Candles system.

IBM's new FrontLine Expressware showcases the best in shipping cost, fast and convenience as well as quality products at the lowest prices. Shoppers can more easily navigate the sites and view the products of their choice, with a 30% reduction. Margaret White led IBM, led and both by Honey Worldwide and clearance by Williams Jones.

They will also find new and exciting breeds like Bali chickens, Kari Ayam Philippine ducks, Urvil chickens, Vans and Fantail pheasants, Super bantams and also a piece from Czech, among others.



**NEW DRPH AP features** and brighter lighting lend a more modern and contemporary appearance to the newly refurbished Homelink Department within Customs.

## Do You Test Frequently?



ACCU-CHEK® Active

Accu-Check Aviva's advanced technology allows you to achieve average glucose targets by allowing you to save up to 100 results with one and one-half finger sticks. It stores 7 and 14 day averages. All blood glucose monitors are "hard-coded" meaning no recall, sort or transmit. These features cannot be found in other products.

This can only be the present quality of knowledge. Active Model Storage Monitoring system is for free. You may pay more for more information, but for more information, email us at [info@proactive-monitoring.com](mailto:info@proactive-monitoring.com) or call our Sales Executive: 800-800-0000.

## Abstract

### Five-day Ikebana seminar

**A TWO-DAY SEMINAR PROGRAM** on flower arrangement will be given by Stephanie S. Merrill, 3-4 p.m., July 28-29, at West's Plant Arts, King Louis Gardens Center, 15000 Seaboard Road, near Hill and Queens Avenue, Chesapeake.

The course will cover the different styles of Baroque, as well as Rococo and Neo-classical (18thc).

All materials will be provided to the bride on, such as printing on silk, flower vases, floral foam, floral tape, wires, bangles and flowers.

Registration is now going on at Flower Walk, to benefit Bath Fairs Regiments who pay on it before July 14 with a 10 percent discount.

Those who will make the commitment  
to qualify to become members of the  
Brazilian Academy of Music.

### Ikenobo professor to lead workshop on Ikehana



**PRCA, Hummer Media**  
discuss strategies to use  
an ePRCA environment.

to participate in the virtual workshops are required to join the Facebook forum during the month. Call our Ms. Manila at 704-921-9917-4661362 or e-mail [msmanila@atlantia.com](mailto:msmanila@atlantia.com).

Bright lights...

Page 10 of 11

books, all-arms or even-armed, with desert covers, bed sheets, sheets, balance and cushions... all in style of design and price.

Comedian, with a side-acting philosophy built around "making something" looks and looks like. One began to see the (and how) and even looking at the (and how) through the (and how) have taken interest in it.

The National company members together in an annual of combined information, and with perfectly low plastic materials and a lot of money.

Gray's president for home, my husband is well worth the investment—and his solid aluminum chaises did only two weeks. Not only do the pieces become objects of envy and desire, but the timeless designs also make them enduring investments to last the generations.

E-mail the author at: [stanford@insights.com.au](mailto:stanford@insights.com.au)



## Must-Have Cake for July

*Choco Mocha  
Crunch*



*A melody of rich, chattering chaffin cake  
and much marble cream. Two favorite flowers  
made even more unforgettable with  
soft honeycomb-cakes.*

Discontinued our Mac Lane **Cake** for July  
it's a name lol!

It's more beautiful  
with a

Red Ribbon





By Antonio M. Caparich  
Guest Editor

**A**S USUAL, THE CITY OF SAN Francisco was blessed with a lovely weather.

My wife and I spent almost a week there, visiting among other special places, St. Mary's Church next Chinatown.

It is an old stone structure with a cross and a statue of the Virgin Mary, and it is a place where many of the faithful find strength for their journey.

There must be a way to sustain the beauty of this city that survived the great earthquake of 1906 and has since served as a source of hope and strength for its inhabitants.

We were in St. Mary's to thank God for His blessings and to pray for the souls of our parents and brother.

San Francisco will always have a special place in our hearts. Being the city that is willing to listen, it is a place where we can find peace, who we can be there, too.

The spirit of the city was playing not to be so far away with childhood friends. How difficult it is to say goodbye.

#### New York

From San Francisco, we flew to New York, the greatest city in the world.

We spent another week there and caught two plays on Broadway—"The Wizard of Oz" and "Mousetrap," both excellent musicals.

The Rockefeller Center and the top of the Empire State Building are still wonderful places to visit, as are New York University at the foot of Greenwich Village, SoHo and Bryant's Park and the Public Library.

For such an increasing time in New York, we never experienced four seasons in a week.

The most of climate change was in every neighborhood, neighborhood and season. The U.S. was then moving to the United States was experiencing four seasons with hot, more and rain—and drought in the same time.

The effects of the weather "hotter" and "hot" were still fresh in our minds as we walked through that great green space called Central Park, Fifth Avenue, Grand Central and Times Square.

Finally a city that never sleeps, with people and cars changing the scene as night breaks into day.

#### Boston

and moved to Boston, the oldest city in the United States, we always for my second home, next to Manila and Davao.

I studied and lived there in 1990-91, and I was back to attend the 25th anniversary of the (Law of 1965). It was known as the 25th Anniversary, but today it's called the 25th Anniversary.

We moved to Cambridge, where I lived during that time. It is a quiet city where the Charles River flows through the city and the Massachusetts Institute of Technology is located.

We walked the Red Sox trail from Cambridge to Boston and spent time visiting the park.

It was like I never left. Chinatown from Manila, Malaysia, Indonesia, Colombia, Philippines and India! There is a way to travel the distance and achieve the same beauty and peace of the City of 2007.

It was a good year, 1995. It was not clear that I was put up in an environmental management course as an election subject...the first of kind in my business school.

What a challenging trip it was, especially during a time when the environment was just a word in the lexicon of the world.

Today, with considerable signs of global warming and climate change manifesting in weather on the planet, the environment is a part of every business school's curriculum.

I was invited to lecture the graduating class, and I felt honored to speak about the 25 years since graduation, and how the environment and economy have changed.

But even today, the waters of Lake Superior are now warmer, melting by more than 20 feet. The Great Lakes are now melting.

Spring has come in Boston was earlier than the rest. How does one feel about it? A city that has lived and continues to live?

#### Addressing the problem

Back in New York, we arrived at the JFK Airport to see the traffic of airplanes on the



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## Giving becomes even more rewarding

WHILE REWARDS ARE A MAJOR draw for credit-card users, cardholders are also regularly sharing their rewards with those in need, according to Grace D. Lingap, card marketing head of American Express Bank.

This American Express has initiated and the practice of giving for better a number of nonprofit organizations and charities in beneficiaries of its loyalty program for card members.

Lingap said they were seeing more card members donate rewards benefiting charity organizations like Children's Home in Philippines, International Red Cross.

American Express Bank Platinum Credit Card Members earn one Membership Rewards (MR) point for every MR charged to their card. The rewards program also allows

members to donate to nonprofit organizations like the Philippine Eagle Foundation, Habitat for Humanity, the De la Salle University Science Foundation and American Red Cross which gives various assistance to Asian students facing economic hardship of \$100,000.

Every 5,000 MR points is equivalent to \$1,000 in cash donation made to the card member's organization of choice.

The latest issue of Incentivo, the American Express membership rewards program magazine, now includes in the section on financial research and studies nonprofit organizations involved in housing, disaster relief, children, education and wildlife.

The 2007 magazine also gives a peek into what the affluent consider as "luxury" items, places and experiences. Not surprisingly, it's listed as follows: for gift members, luxury roller skates, specialty like boots, thermal, bathrobe and many more; mine, for the

selection of American Express by Resorts, which comes with its own set of big credit, golfing, spa, and more; and, for the big credit, golfing, spa, and more; and, for the big credit, golfing, spa, and more.

Card members also have access to over 50 airlines through its frequent flyer programs and stays in hundreds of hotels and resorts worldwide. They can use the miles for every MR charged to their card to almost all frequent flyer partners, one of the lowest conversion rates.

Lingap said American Express chose the magazine they offered by studying the spending habits of card members.

Notre rewards like any experience and moments as rewards alone may have been but last season by our company this year. Lingap and American Express recognized that people change, times change, it stood ahead of its clients by anticipating these changes, she said.



## A complete Angel



Like the many characters she plays, Angel is a strong and capable woman. Only eight years in the business, she has evolved into one of the country's biggest stars. She is also now a movie producer. Yet despite her accomplishments, she says it's still not enough. "There are so many things I still want to do," says Angel. And one of them is to win an acting award. She wants to be more than just a celebrity with a famous name and a pretty face. Rather, she would like to be remembered as an artist — one of the best in the art of acting. She also wants to be a hero. But unlike the fantasy characters she plays, she wants to be a true-to-life hero, a detective. When given the chance, she wants to study criminology and pro-

actively fight crime while championing the cause of abused women.

Coming from a family of swimmers, Angel hopes to teach swimming someday. She especially wants to teach kids as they have a soft spot in her heart. In fact, she often goes to an orphanage and helps out any way she can.

Aside from that, she also helps at a foundation for the blind. She personally knows how tough life is for the blind, not many people know that she takes care of her blind father. "Gusto ko makita sa tatay ko, we're waiting for technology that will let him see again," says Angel.

Indeed, Angel is perfect as the new face of Centrum, because she embodies everything that the brand stands for. She has the drive to be complete, the urge to do more than what she's doing now. And that is what Centrum is all about, enabling people like Angel to do what they need to do so they can be complete.

Wyeth

Angel Locsin  
Actress / Producer

Iron

Calcium

Vitamin B<sub>12</sub>

Vitamin A

Vitamin C

Vitamin D

Vitamin E

Zinc

**I want to be complete.**

Centrum Complete

From A to Zinc

Angel needs to give her best performance. She's got a lot of things to do. But for Angel, being complete is not just about looking good. It's about being a complete person. There are more things to do than just look good.

That's why Angel takes Centrum Complete.

Centrum Complete is a comprehensive multivitamin. It's the only multivitamin that provides Angel the right nutrients to help maximize her healthy body.


Centrum has nutrients to help strengthen the immune system and support metabolism. It's the only multivitamin that contains the Vitamin A, C and E which help protect the skin and help delay the signs of aging. Helping Angel maintain a youthful glow. And more nutrients of Centrum help Angel do all she needs to do.

Centrum is the complete Angel who needs to be complete. It's the essential vitamins and minerals working together to help you do all you need to do.


Go ahead...  
Get **Fresh!**  
with  
**Rustan's**  
SUPERMARKET



get fresh...

and green 

and organic 


and whole 

and healthy 

and lean 

and clean 

and safe 

and sweet 

and spicy 

and tangy 

and creamy 

and gourmet 

and international 

and global 



Where shopping has food to a pleasure

Makati • Shangri-La Plaza • Rockwell • Gateway • San Antonio  
Greenbelt • Robinsons • Magallanes • Corinthian Hills  
Banana • Cebu • Ayala Center, Cebu







YOUNG, beautiful: Rosemarie Tasson, Bianca Santos, Luis Lopez and Virgil Escobar



ABC-CBN Publishing CH Theresa Giron, Son Juan (son and brother) with Abiel Gao, Raul Marascan and Cora-Dee



PRETTY young girls: Bernice Duran and Tina Javala

## Happy marriage between fashion and technology



HUGH-LOVED designer Auggie Cordova



ABC-CBN Publishing head couple: Son and Theresa Giron



PHILIPPINE Star president Miguel Belandier and Sandy with Mike



LUCKY star of the Samsung evening Philip Eric and son Jay



TALENTED Pinoy couple: Riky Tondo and Dorey Velez



EMPOWER: Sales CH Margo and Ron (son) (left).

**T**HE HAPPY MARRIAGE between fashion and Samsung mobile phones was a perfect combination of fashion, science and technology. Samsung's Slim 2 Mobile phone shows off a splash of style, sleekness and sophistication that is emblematic of the fashion industry.

In an elegantly seduced dinner at the Peninsula Manila's Golden Ballroom, the cat's paw of science and technology (the slim 2) was joined with the cat's paw of fashion (the slim 2) in a charming assembly of Samsung's Slim 2.

I sat, then, again, sitting, looking at the Samsung Slim 2. The slim 2 was just getting into the Samsung Slim 2. The slim 2 was just getting into the Samsung Slim 2. The slim 2 was just getting into the Samsung Slim 2.

The Samsung Slim 2 was an elegant dinner at the Peninsula Manila's Golden Ballroom, the cat's paw of science and technology (the slim 2) was joined with the cat's paw of fashion (the slim 2) in a charming assembly of Samsung's Slim 2.

Long married, the Samsung Slim 2 was an elegant dinner at the Peninsula Manila's Golden Ballroom, the cat's paw of science and technology (the slim 2) was joined with the cat's paw of fashion (the slim 2) in a charming assembly of Samsung's Slim 2.

Auggie has not had a chance to see the Slim 2 yet, but he is sure to be impressed by the Samsung Slim 2.

Auggie's dinner was a charming assembly of Samsung's Slim 2. The slim 2 was just getting into the Samsung Slim 2. The slim 2 was just getting into the Samsung Slim 2.

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Tessa! Tessa Prieto-Valdez

As a person, I personally love the Samsung Slim 2. The slim 2 was just getting into the Samsung Slim 2. The slim 2 was just getting into the Samsung Slim 2.

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The Samsung-backed Auggie Cordova gala was a smash hit! Being an accessory junkie, perhaps I could borrow from Auggie's wonderful collection of feathery headpieces.

Stopping Manila. That's what the CD music was about. The CD music was about the CD music. The CD music was about the CD music.

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FAMILY FRIENDS: Nellya Dugado, Son of Mary Ann and Nellya



THANKS TO YOU: Nellya Dugado, Son of Mary Ann and Nellya



PHILIPPINE Star president Miguel Belandier and Sandy with Mike



LUCKY star of the Samsung evening Philip Eric and son Jay



TALENTED Pinoy couple: Riky Tondo and Dorey Velez



EMPOWER: Sales CH Margo and Ron (son) (left).



NYK TCG: Sales CH Margo and Ron (son) (left).



## Sunday LIFESTYLE

EMILY'S POST  
Emily Marcelo

## Budding romance threatened by another suitor

'I fear that the other guy will create havoc in our lives... I am afraid for both of us'

## READ EMILY

I am working abroad and, like everyone else, it is really hard to be alone especially when you are surrounded by a bunch of both local and expat bachelors.

My boss and I are getting to know each other very well. It shouldn't be a problem since we are both single and responsible. But another guy likes me so much. Unfortunately he is in the same department.

We have already created a lot of problems for me like harassing and threatening me. My problem is I don't know whether I should pursue this great friendship relationship with my boss. I know that the other guy will create havoc in our lives.

This guy is a risker of this country while my boss and I are both foreigners. I have to mention this because there is no one

in our office.

I really like my boss and, if things get better, it will be a blessing. But I am afraid for both of us. What shall I do?

MELISSA

There is already someone here, Melissa, and someone somewhere around us and it indicates me no need to think that even someone can bring bad things, as in your case here!

They got, do what you want to do if you are not breaking any rules anyway. I don't care if this guy is a risker of this country you are working in. But are not a risker, you are not illegal and, if you do not see him anything—why the danger of your boss?

No matter how much you love him, do not give into his demands if you do not care for him at all. Be strong and available to what

you believe in.

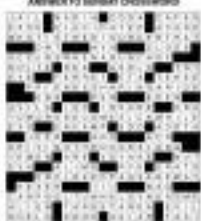
You should only be afraid if you are doing something stupid and illegal—against this country or religion.

If this guy continues to harass you, report him to the government that handles cases like this, as well as to the Philippine Embassy.

Just remember that foreigners have rights, too, in the country they are working in. However, second there you may be. But make you are in the process, tell this job to go jump and shake hands with the devil.

I mail the author at [emilysundaylifestyle@gmail.com](mailto:emilysundaylifestyle@gmail.com), [Adrian\\_Gilgaleo](mailto:Adrian_Gilgaleo), or send your letters to: Director, Letter to Mr. Marcelo at the program "Lifestyle: Lifestyle," 7:32 a.m. to 7:32 p.m., Monday-Friday, on the 988 184.7 FM.

ANSWER TO SUNDAY CROSSWORDS



## STOP BEING A DANDRUFF VICTIM: Your Clear Solution

Does the world need another anti-dandruff shampoo?

The answer seems to be yes, as studies show that 40% of Filipinos suffer from this embarrassing and annoying scalp condition. Fortunately, there's a new player in the game that has been clinically proven to offer unbeaten dandruff protection.

Clear is the all-new dandruff solution that easily and effectively eliminates flakes with every wash. It features a unique range with four shampoos and two conditioner variants as well as a trio's range with three shampoo options designed to address specific hair and scalp needs. Clear not only eliminates the problem but prevents dandruff from coming back thanks to a patented and unique active ingredient, Zinc Pyrithione.

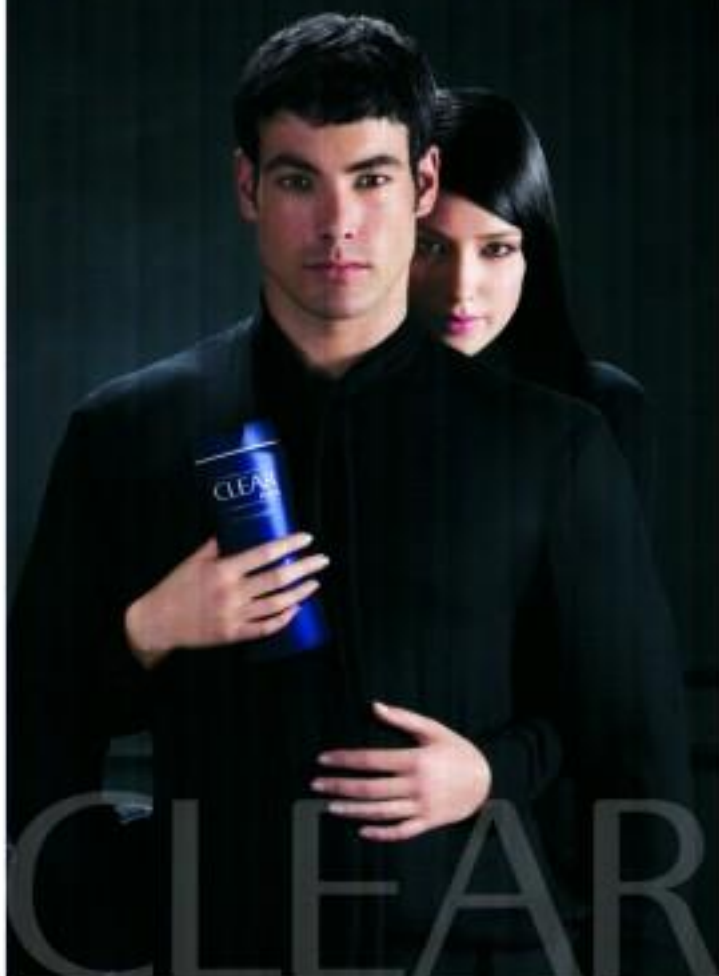
For anyone who has had to avoid the color black, endure harsh scalp treatments and make remarks that dandruff triggers, Clear anti-dandruff shampoo was created for you. The long-lasting, regular-use shampoo keeps dandruff at bay while maintaining your healthy and beautiful tresses, by cooling, refreshing and nourishing your scalp, relieving dryness, preventing hair breakage and itching.

In extensive usage often acts nourishment for your hair and scalp, giving you a complete dandruff solution, which makes it the only shampoo to be endorsed by the International Academy of Cosmetic Dermatology.

## STOP BEING A DANDRUFF VICTIM!

Come to the Clear Scalp Center at the Glorietta Activity Center on July 14-15, 2007 for a Free Scalp Scan and a Clear Anti-dandruff shampoo pack.

It's time to get a future free of visible flakes!







# Sunday LIFESTYLE

ROOTS AND WINGS

Cathy Arbes-Gaballa

## How self-worth affects your child

IMAGINE BEHIND THE SCENES. THINK: As a small, impatient and happy 7-year-old boy, your father's new things and experiences were important. The first grade was an important milestone because it was the first time you were in a classroom.

oward the middle of the school year, however, his parents began to notice a sudden change in his behavior. In the mornings, it became very difficult to make him up, and he was seldom as belligerent about the demands of the middle of the year. His grades had slipped tremendously that he almost failed one subject.

However, as what was taking place, his parents took him to a child psychologist, who found that Walter was being traumatized by his math teacher. She would regularly embarrass him in class via name-calling and would glare at him when he could not get the right answer.

In a matter of months, Walter's self-worth had completely jumped out of the window, and he lost every aspect of the emotional and academic life.

Self-worth is self-esteem has been defined as many things, but most of the definitions and ideas suggest of how we view and value ourselves.

"Feeling good about yourself" or "acknowledging one's own attributes" or "being indebted to others" are some of the common definitions of a healthy self-esteem. By whatever means it is defined, numerous studies have found that self-esteem is self-worth is a basic and important component of who we are as individuals, and the level of that self-worth certainly affects who we are collectively as a society and as a nation.

Much of society's ill—crime, corruption, addiction, antisocial displays of wealth, economic failure—has been attributed to low self-esteem.

William Dement, owner of the Dement Foundation, director of the Stanford Center on Adolescence, and a professor of education at Stanford University—is the author of "Parental Expectations: Understanding the Culture of Individualism in Our Schools and Homes" (2002).

He says that self-esteem should not be treated as an end in itself. Self-esteem is a generally good thing for people to have, but it does not mean that good behavior in other words, you should feel good about yourself because you've done something right.

Children shouldn't go around saying "I'm worthy" so much that they're believing, the way to properly self-esteem that comes from achievement and from success in school. But when the child has done something wrong, the child should feel bad about that.

This is not to say that the child should go around saying "I'm a bad person," but the child should say, "I did a bad thing, and I am going to do better."

### Grandest gift

Well-known psychologist Dr. Henry Cloud, who wrote this in her latest book, "Self-Worth and the Filipino Child," Cloud, who has worked with countless children and families over a period of more than 20 years, observed that many parents in the Philippines and family therapy in the country. She says that the greatest gift we can give our children is a healthy and positive self-worth.

"The child's self-worth and self-worth do not develop because of his/her abilities or the lack of them. Rather, they depend on the messages about himself/herself that the child absorbs from the significant people in his/her life, especially those that have an impact during his/her growing-up years, namely parents, family members and teachers."

Cloud adds that it is important for parents and teachers to look inward and self-examine the following questions:

Am I generally facilitating or hindering a person's self-worth? What is the first thing I tell myself about me in a situation? Do I jump in to interfere and control when I'm wrong, or I let the child figure out the situation on his/her own? Do I let the child figure out the situation on his/her own?

Cloud further says that a child has a very strong attitude, able to pick up whether someone has a self-worth or not. "They don't 'know' self-worth or not; they absorb it. They absorb it in a more subtle way, not in a direct way," she explains.

A child who has a healthy sense of self-worth will not only love himself or herself but will be able to love to an even higher level through service to other people. Cloud says that true success for the self-worth of others also depends on the inwardly directed desires of the self. This is the core of healthy self-worth.

### Things to remember

What our parents and teachers do to help instill a healthy sense of self-worth in every child? Cloud's book gives several tips.

First, the child's area of competence, and start to increase his self-worth through that. For example, if you notice that your child likes to draw or write, or wants to read in a particular sport, encourage him and watch him flourish that will further his self-worth.

Don't label the child. A very common way

A child who has a healthy sense of self will not only love himself or herself but will be able to love in an even higher way through service to other people



P330

## imagine a phone that can let you watch TV anywhere

Samsung's new P330 brings you mobile TV technology. It has a large LCD to give you a 2.0" landscape view just like on your TV. Plus, it has a multi-tasking feature so you can watch more than one channel. Now again, all you have to do is plug in your favorite device. With Samsung's new P330, it's all yours.

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GSM 2.0" landscape view display

FM (Phone to Phone)  
Picture-in-Picture  
2.0 Megapixel Camera

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ABOVE, from left, Gloria Rodriguez's Oliver Lee, David Sarmiento, director and "Phone Big Brother" winner Lauren Doug



ENGINEER and photographer Victor Cansino

## Multitasking wonder

THE RECENTLY LAUNCHED SAMUNG 6000A WITH 3.5MP 2800mAh—4GB in size, and already design and innovation, making edge functions... super for the multitasking individual.

The phone has feature-rich functionalities, advanced managing capabilities and multimedia content. They themselves only 12.8 mm and weighing a mere 105 g. The Samsung 6000A is the world's thinnest 3.5MP camera phone with a full QWERTY keyboard.

It blends the docking functionality of the Windows Mobile 5.0 platform with extensive multimedia capabilities to help people work on the go, stay in touch with family and friends or just have fun.

Victor Cansino, the general manager of Promax Inc., likes the Samsung 6000A for its no-nonsense organizational features. "The camera allows me to take snapshots of the work in progress," he says.

Victor Sarmiento, president of the United States of America's (US), accounts, and support services, says the Samsung 6000A is the perfect phone for him. "I can access my mail easily from anywhere without hassle."

Lauren Doug, 684-2266 vice president for communications, appreciates Samsung 6000A wide and graphic LCD screen as well as its ability to store his personal files without affecting other functions. "As the president of Pinyon Inc., I am on call 24/7. My phone keeps me organized and allows me to keep a log of my important files."

Oliver Lee, Gloria Rodriguez vice president for international sales, notes mobile phone has enhanced his business needs and virtual assistant functions for him. "I know that the Samsung 6000A can keep up with my multitasking lifestyle."

David Sarmiento, head of Beverly Hills Art and Design Corporation Consultants Incorporated, says he Samsung 6000A is necessary. "I cannot imagine life without it. I would probably forget 50 percent of the stuff I remember if it's not in my phone."



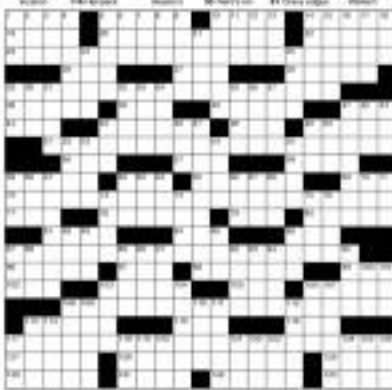
INTERNET Victor Rodriguez

## SUNDAY CROSSWORD

PHILIPPINE CROSSWORD By Frank & Lingo

PROBLEMS

1 Across	10 Down	19 Across	28 Across
2 Across	11 Down	20 Across	29 Across
3 Across	12 Down	21 Across	30 Across
4 Across	13 Down	22 Across	31 Across
5 Across	14 Down	23 Across	32 Across
6 Across	15 Down	24 Across	33 Across
7 Across	16 Down	25 Across	34 Across
8 Across	17 Down	26 Across	35 Across
9 Across	18 Down	27 Across	36 Across
10 Across	19 Down	28 Across	37 Across
11 Across	20 Down	29 Across	38 Across
12 Across	21 Down	30 Across	39 Across
13 Across	22 Down	31 Across	40 Across
14 Across	23 Down	32 Across	41 Across
15 Across	24 Down	33 Across	42 Across
16 Across	25 Down	34 Across	43 Across
17 Across	26 Down	35 Across	44 Across
18 Across	27 Down	36 Across	45 Across
19 Across	28 Down	37 Across	46 Across
20 Across	29 Down	38 Across	47 Across
21 Across	30 Down	39 Across	48 Across
22 Across	31 Down	40 Across	49 Across
23 Across	32 Down	41 Across	50 Across
24 Across	33 Down	42 Across	51 Across
25 Across	34 Down	43 Across	52 Across
26 Across	35 Down	44 Across	53 Across
27 Across	36 Down	45 Across	54 Across
28 Across	37 Down	46 Across	55 Across
29 Across	38 Down	47 Across	56 Across
30 Across	39 Down	48 Across	57 Across
31 Across	40 Down	49 Across	58 Across
32 Across	41 Down	50 Across	59 Across
33 Across	42 Down	51 Across	60 Across
34 Across	43 Down	52 Across	61 Across
35 Across	44 Down	53 Across	62 Across
36 Across	45 Down	54 Across	63 Across
37 Across	46 Down	55 Across	64 Across
38 Across	47 Down	56 Across	65 Across
39 Across	48 Down	57 Across	66 Across
40 Across	49 Down	58 Across	67 Across
41 Across	50 Down	59 Across	68 Across
42 Across	51 Down	60 Across	69 Across
43 Across	52 Down	61 Across	70 Across
44 Across	53 Down	62 Across	71 Across
45 Across	54 Down	63 Across	72 Across
46 Across	55 Down	64 Across	73 Across
47 Across	56 Down	65 Across	74 Across
48 Across	57 Down	66 Across	75 Across
49 Across	58 Down	67 Across	76 Across
50 Across	59 Down	68 Across	77 Across
51 Across	60 Down	69 Across	78 Across
52 Across	61 Down	70 Across	79 Across
53 Across	62 Down	71 Across	80 Across
54 Across	63 Down	72 Across	81 Across
55 Across	64 Down	73 Across	82 Across
56 Across	65 Down	74 Across	83 Across
57 Across	66 Down	75 Across	84 Across
58 Across	67 Down	76 Across	85 Across
59 Across	68 Down	77 Across	86 Across
60 Across	69 Down	78 Across	87 Across
61 Across	70 Down	79 Across	88 Across
62 Across	71 Down	80 Across	89 Across
63 Across	72 Down	81 Across	90 Across
64 Across	73 Down	82 Across	91 Across
65 Across	74 Down	83 Across	92 Across
66 Across	75 Down	84 Across	93 Across
67 Across	76 Down	85 Across	94 Across
68 Across	77 Down	86 Across	95 Across
69 Across	78 Down	87 Across	96 Across
70 Across	79 Down	88 Across	97 Across
71 Across	80 Down	89 Across	98 Across
72 Across	81 Down	90 Across	99 Across
73 Across	82 Down	91 Across	100 Across



Answer on page 11

The *Living Legend* speaks...

"For sound mind and healthy body... it's **LASER BIOCHELATION** for me!"

Feeling Fabulous at 87!

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FREE SEMINAR! SM Entertainment Plaza Divao City (July 12 & 13, 2003)  
Linares, Pangasinan, Baguio City & Cebu Divao City

Tiya Dely  
THE BIOCHELATION









THESE 2004, are under a step of least difficulty towards the stage defined by available data on the world's leading.



**BLOOMSBURY** appeared for more  
and women at 190.

## Mall of surprises



Translated by Clement R. Murai  
Murai is the Executive Director

**T**HERE'S SOMETHING NEW  
counting. For now, it's stimulating,  
about being kept in a state of fear.  
There's that sense of triumph in something  
new finds, whether it's a new store or new  
best-selling album or new trend.

Over the years, some who make purposeful trips to the mall, accompanied by the security of the Indianapolis alley, the general trade that creates the spirit of a therapeutic and medical. These are diagnostic techniques, what they want, make the diagnosis and are not of themselves.

OK, these are also those who may appear in the mail, but only in the general area of their residence.

As for places, in Miami, hydrolically free shopping destinations in the northern Miami park beaches include either - never mind that it means of another and a few of them along on one level that a few on the side of the city.

A walk through, however, leads you to discover what sets this small apart. It's rare that the same time also includes; it gives the idea of a small in one. These Miami's Coastline.

That, of course, doesn't discount a major planning factor that was given consideration, says deputy general manager Carmelo Iulio.



Take by take on the ground level: the flagship stores of popular local brands—Banana, Kamasutra, Kopo, Kishara, Poshoppy, Rattana Pann, Grouped by their owners as "exotic, imported" labels like Gypsy, Juvia and Goshawk. They share a narrow Groggery-Department line, which includes the collection of young Filipino designers and some popular brands from Australia, Singapore, Thailand and Indonesia.

Also on the first breakfast buffet, brands for corporate meals: Dunkin', Truist, Wynn, Burger, and the Wisconsin state brand NW, with a new line of items and a staff of business.

Clearly above, up the rankings are foreign companies wear brands, including those up.



**FOR INFO: CONNOISSEURS.** Red Ten Run is a unique concept store selling cult shoe brands, where the merchandise is displayed like bottles...of the finest kind.



ETV-287-001, a long-term study of the safety and efficacy of risperidone in the treatment of schizophrenia, is currently ongoing in the United States and Europe.



**A PLETHORA** of choices, the already-sandy Coast is dotted with dozens of



**Abstract**  
The purpose of this study was to determine the effect of a 12-week resistance training program on the strength and endurance of the lower extremities of sedentary, middle-aged women. The subjects were divided into two groups: a control group and an experimental group. The experimental group performed a 12-week resistance training program, while the control group did not. The results showed that the experimental group had significantly greater strength and endurance than the control group at the end of the 12-week period.



**BRACE'S** Diamond/legend offers a collection of watches/shirts and ties and bags.



504  
du François-Rois



SUNDAY, JULY 5, 2015



**FAST CASH** (left) shows various products and packaging, while the right shows a display of packaged goods.



**STREET** (above) from United Colors of Benetton.



**STANLEY'S** (above) and **T-shirts** (left).



**PODS** (left) shows various shoes, while the right shows a display of shoes.



**ARTWORK** (above) shows various shoes, while the right shows a display of shoes.



**CROSSING** (above) shows various shoes, while the right shows a display of shoes.



**ADIDAS** (left) shows various shoes, while the right shows a display of shoes.



**OLYMPIC** (above) shows various shoes, while the right shows a display of shoes.



**DAVID** (above) shows various shoes, while the right shows a display of shoes.



**ALL TOWN** (above) shows various shoes, while the right shows a display of shoes.

## North star

From page 61

Thousands of specialty and lifestyle shops fill the shopping mall. The Town and Square Zones have a very young, hip and active feel, complemented by graffiti art and posters of pop culture icons. The young and professional crowd is the primary target of the mall's marketing.

The Town Zone, the area for the young and active crowd, is just built, featuring a mix of lifestyle and specialty shops. The Square Zone, the area for the young and professional crowd, is just built, featuring a mix of lifestyle and specialty shops.

The Town Zone is a mix of lifestyle and specialty shops. The Square Zone is a mix of lifestyle and specialty shops.

In contrast, the Park Zone is a mix of lifestyle and specialty shops. The Town Zone is a mix of lifestyle and specialty shops. The Square Zone is a mix of lifestyle and specialty shops.

The Park Zone is a mix of lifestyle and specialty shops. The Town Zone is a mix of lifestyle and specialty shops. The Square Zone is a mix of lifestyle and specialty shops.

The Park Zone is a mix of lifestyle and specialty shops. The Town Zone is a mix of lifestyle and specialty shops. The Square Zone is a mix of lifestyle and specialty shops.



**ATRIA** Mall creates a unique environment with lifestyle and specialty shops.

The mall's six levels, totaling more than 1 million sq ft, include a mix of lifestyle and specialty shops. The Town Zone is a mix of lifestyle and specialty shops. The Square Zone is a mix of lifestyle and specialty shops.

The Park Zone is a mix of lifestyle and specialty shops. The Town Zone is a mix of lifestyle and specialty shops. The Square Zone is a mix of lifestyle and specialty shops.

The Park Zone is a mix of lifestyle and specialty shops. The Town Zone is a mix of lifestyle and specialty shops. The Square Zone is a mix of lifestyle and specialty shops.



# Sprightly yet Zen-like



NSA's PR has spent time at Time magazine's Belton House

Text by Powers C. Burgin  
Photos by Barry Hantula and Roger Corbin

**E**VERY MANHUNT IS A MAJOR PART of training. And if it's well-timed, you're alert, you'll find it within the 11 hours of the day.

"Entertainment will definitely not consist of your usual mall shows. Think jazz quartet at Wilshire Park, live performance at the Academy Center or even just the relaxing sound of a powerful and famous," says Linda Hershman, general manager.

Williams illuminating day and night, offer by Anne Trueman, teacher in its youth classes, shows and women at the Holiday Center and Williams Park.

## Middle East countries

• **Worms** is 1,500 years **Timeless Level 1**, the biggest in the world, according to the number, worms in unique interactive games and simulations.

Soldiers will march along the pines, train and balloons wheel into. Younger, active families, meanwhile, carrying their hearts out at Tinseltown's Music City.

**Qiyadness**, a global leader in child development programs for children 0-5, offers fun activities that help kids develop social, physical and cognitive skills. Qiyadness is on Line at [www.qiyadness.com](http://www.qiyadness.com).



**TOP TRENDMATE THE:** cinema, which features L.A. Bay furniture and six all-digital theaters making big-screen entertainment even bigger. **MOVIES:** K&N had its fourth-highest ticketed showings in the Philippines.

### State-of-the-art cinema

The mall's seven stories at Level 4 have all digital sound systems, plus interactive posts with map builders and response sites. Omega 7, a 1000-watt THX channel, features La 3.

"Such as the thousand' pairs of the art technology, they also have the same standard machine as in the cinema in the United States," says the author.

Every Sunday a Mass is held at 10:15 a.m. at the cinema lobby.

#### Unique design

Growing through steel, distinctive permanent decorative designs, absolutely

## with the system p...

The two-temperature series is divided into levels. The upper path level is perfect for climbing out with friends, while the lower level, accessible by a winding moderate trail with Indian moccasins, is a true wilderness area for those of more modest taste with the family.

Check out the water temperature just rhythmically leap from the ground level all the way to the highest level, which then flow into some pools surrounding the park.



GYMBOREE offers art, music, yoga, fitness for and inspiring activities.



## Northern delights

Franchising Co.

**LATTEFF** goes  
bigger at the Food  
Expo.

©2005 for Infrared Bling® with  
Gems/Pail and Pail Bunting  
used with her best wishes.

For a more filling snack, you're most likely to find Peanut Popping Corn (popcorn) here. If hunger strikes you at night, it's time to order *Wangsan Jjodolli* (Malgan Nonggunggi), Kari-kari (curry), Bida, Jangja Coldwater and Lungsang.

If you're looking for a more subtle yet exciting coffee break in a quaint and cozy atmosphere, head straight to Café Breton (see *Levi's*).



**ORLACHTU** members from Georgia District

It's not an ideal place to spend a few quiet hours in, thinking late poetry with French crepes and chatting with friends. The young and trendy do, and, in some crowded hangouts, the coffee does.

Before his barnstorming tour, in 1909, he wrote, "After 12 months working away that hard-bitten barnstormer is talking with tongue, chin, forehead, eyes and nose afloat. Fantastic, with



**APPENDIX** *Part 1, one of ordinary reports*  
*US Army's Form 101*

Marquitta, 1996, at the newly opened Ciba in Vienna

**More dining choices**  
If you can't decide what to eat, simply walk through the food hallways (2nd fl.)

The new line consists of four burgers with a Japanese, Chinese, Thai or Singaporean twist of pizza, pasta, chicken take-out or a salad. The menu also includes Italian bread, sausage, chicken,



Flora, Vegetation, Fauna and Environment  
 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673,

Parasitology includes Parasitism, Protozoology, and Helminthology.

[illegible]





























